

## Workout for Water.

7-day Workout Challenge: 3/22 - 3/28

We are challenging gym members to work out 7 days in a row and...

- Give \$1 per day or more 😊 ➡
- Log your workout each day on a post-it

FW  
Team  
[Webpage](#)

*Date*

*Your Name*

*"Class or Workout"*

*\$1.00*

***\*\*See gym display\*\****

