SEED STARTING GUIDE FOR VEGETABLES

ZAMZOWS

PLANT	Seeds/Plants per 12”	Planting Depth	Distance Between Rows/ Hills		Distance After Thinning	MARCH				APRIL				MAY					JUNE				JULY				AUGUST					SEPT		
						7	14	21	28	4	11	18	25	2	10	16	23	30	6	13	20	27	4	11	18	25	1	8	15	22	29	5	12	19
Onion Sets	10 bulbs	1”	18”	RR	3”+				FP										HARVEST															
Peas	6 seeds	½ – 1”	30”	RR	3 – 4”					FP								HARVEST																
Spinach	6 seeds	½”	18”	RR	3”					FP				HARVEST																				
Cabbage	2 plants	0”	30”		24”	SI					FP								HARVEST															
Cauliflower	3 plants	0”	30”		24”	SI					FP										HARVEST													
Radishes/ Turnips	12 seeds	¼”	18”	RR	2 – 3”						FP			HARVEST																				
Beets	12 seeds	½”	18”	RR	3”							FP						HARVEST																
Potatoes	1 start	3”	36”	RR	12”						FP													HARVEST UNTIL FROST										
Broccoli	3 plants	0”	30”		24”			SI					FP								HARVEST													
Lettuce – Leaf	3 seeds	¼”	18”	RR	3”					SI			FP						HARVEST															
Carrots	6 seeds	¼”	24”		2”									FP										HARVEST UNTIL FROST										
Chard	6 seeds	½”	18”	RR	5”									FP										HARVEST UNTIL FROST										
Green Beans	6 seeds	½ – 1”	24”		3”											FP							HARVEST											
Sweet Corn	3 seeds	½ – 1”	30”		12”											FP											HARVEST							
Cucumbers	4 seeds	½”	60”	H	8”									SI			FP							HARVEST UNTIL FROST										
Summer – Squash	3 seeds	½”	48”	H	8”									SI			FP							HARVEST UNTIL FROST										
Melons	3 seeds	½ – 1”	72”	H	8”									SI			FP										HARVEST UNTIL FROST							
Peppers	1 plant	0”	30”		20”			SI							FP											HARVEST UNTIL FROST								
Tomatoes	1 plant	0”	40”		30”			SI							FP												HARVEST UNTIL FROST							
Okra	1 seed/plant	½”	40”	RR	12”				SI						FP											HARVEST UNTIL FROST								
Pumpkins	1 seed/plant	½”	72”	H	12”									SI		FP															HARVEST UF			
						7	14	21	28	4	11	18	25	2	10	16	23	30	6	13	20	27	4	8	11	25	1	8	15	22	29	5	12	19

RR Plant in rows or raised beds

H Plant in raised hills

SI Start indoors

FP First planting

MAY 10 Average last frost date

HARVEST Crop mature and ready to harvest

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