





Discuss in your groups

How many hours have you spent writing per week over the last few months?

What is your general writing routine?

Can you name one thing that's helped and one thing that's hindered your writing?

Have you received any 'stinging' feedback on any of your thesis writing so far? If so, how did you respond?



Complete the 'thesis writing advice from Massey supervisors' handout by putting ticks or crosses next to each 'tip'.

Discuss your answers in your groups.

Which tips do you think are most / least relevant to you?

Insist that your supervisors read and return drafts within a reasonable timeframe. Start writing the acknowledgements section only at the very end to ensure that you've included all significant contributions from colleagues etc. Use the MS Word 'Master document' feature to link the different chapters and quickly create lists of contents, figures and tables. x Remember that, ultimately, it's your thesis, and you are the one who has to make the decision about when it is ready to be examined. Students need to concentrate on the basics: identify a problem, summarise what has been done and explain how their study goes beyond existing research. Prepare how you'd explain your thesis in 30 seconds to someone you met in the elevator, this will help you gain a clear sense of your overall narrative. To help you achieve flow, aim to write a minimum of 1000 words in a single session, without worrying about quality; that can come in later at the revision stage. Don't spend too much time on the introduction; as an examiner, I only really start to pay close atter × Remember that you are writing for a sympathetic and tolerant reader - don't imagine that anything you write might be used against you in the exam!

Selected comments by PhD supervisors for each question

- 1) The original word used by the supervisor was a 'sensible' time
- 2) The supervisor explained that: It is also important to not wait for all results to be in before starting to model the data or thinking about possible interpretations. Candidates should be proactive in thinking about a range of possible outcomes and the resulting range of possible interpretations, even before the experiments start. That way anticipated outcomes have already interpretations associated with them, making it easier to write them up.
- The supervisor explained that: Acknowledgments section can be started early, so as to not forget input from colleagues etc.
- 4) The actual advice was: Formatting takes a long time. Work with individual chapters and keep them as separate files. I advise against using the MS Word "Master document" feature that links those files in order to quickly make tables of figures, tables, and contents. This table is easily made in the end, manually, only takes a couple of hours. I almost lost my thesis due to file corruptions occurring as part of a "Master document".
- 5) One supervisor explained that: it sounds basic but it is so irritating, and upsets the flow of the material and examiners get frustrated (not a good thing). Another mentioned: Examiners tend to pick up on small issues typographical usually. Students should work hard to make sure their copy is clean as possible. For me, if I am distracted by the form then I'm distracted. Therefore remove the distractions and let the text the flow.

- 6) The supervisor recommended that candidates: accept that you will not be allowed to submit when you think the thesis is ready but you will be so grateful to your supervisor when you see the final product.
- 7) The supervisor lamented that: the majority of the time students just simply list all their readings.
- 8) The supervisor's advice was: Having a clear sense of your overall narrative is really helpful e.g one of, or a combination of: 30 second elevator pitch; a one-page synopsis of your thesis, a flow chart; a table of contents.
- The supervisor suggested: Consider breaking the writing task down in to small, quality chunks e.g 300 or 500 words a day. It makes the task manageable, achievable and you can concentrate on writing quality.
- 10) The actual advice was: Opinions differ, but as an examiner, a really strong clear introduction puts me at ease. I think a useful template is What is the problem?

 Why is it important (and to whom)?

 What am I going to do about it (theoretical, methodological, frameworks)?

 How will this help (contribution)?
- 11) The supervisor said: Most students (including native English speakers) 11) The Supervisor said: Most students (including hadve English speakers) tend to write "from references" (instead of using references as support), do not ask themselves "What will the reader understand?", and have a "copy and paste" culture. This translates into illogically structured paragraphs full of redundancies and irrelevant information that just distract and confuse their readers. Just write from memory, then use references as evidence. In fact you should disconnect from the net when writing
- 12) The actual advice was: Remember "Everything can and will be used against you": that includes anything that've you read and repeated but did not fully understood, but also very simple 'extra' information in Figures, tables etc.



Precise information

- Literary experts disagree as to whether X or Y was the greatest writer of the industrial period.
- Literary experts disagree as to whether X or Y was the greatest English writer of the late Colonial period.
- · The experimental trial was preceded by a set of instructions.
- Prior to the experimental trial, the researcher read out a set of instructions to the participants.

(Walters, 1999)

Precise words

Farmers will need to address methane gas emissions. (Think about, discuss, solve)

The researcher was able to access participant data. (open, enter, retrieve-file)

This chapter will discuss human capital. (Describe, outline, examine)

Self regulated learning is an area that is well researched. (concept, theory, approach, branch of education)

The researcher asked for participants' input in the focus group.

(opinions, ideas, views, solutions)

fairly little ... longish ... that is how ... made lots of.. of all sorts ... back up ... sorted ...



relatively limited \dots extended \dots thereby \dots produced multiple \dots of various types \dots underpin \dots categorised \dots

Focused sentences

In the 1960s when little study was devoted to facial expression, like most social scientists of her day, Mead believed expression was culturally determined, we simply use our face according to a set of learned social conventions, grew from the emphasis on motivation and cognition in academic psychology that flourished at the time.

In the 1960s, little study was devoted to facial expression.

Like most social scientists of her day, Mead believed expression was culturally determined.

In other words, she believed we simply use our face according to a set of learned social conventions.

This belief grew from the emphasis on motivation and cognition in academic psychology that flourished at the time.

Focused paragraphs

Efficient management of human resources, likewise, requires appropriate application of basic economic principles. For instance, the concept of comparative advantage states that "everyone does best when each concentrates on the activity for which he or she is relatively most productive" (Frank & Bernanke, 2001, p. 23). An appropriate application of this principle to the field of human resources would be a commitment to training and motivating staff so that they can spend most of their time contributing to the company's mission at the highest skill level they are capable of. However, research suggests within bureaucratic cultures, such a commitment is ineffective, since autonomy and upward mobility are limited (Chow & Liu, 2006). Even within sharing and innovative cultures (Wallach, 1983) it has been argued that traditional human resource management is part of the problem rather than the solution, since it reduces feelings of empowerment and hence their contribution to the company's mission (Semler, 2003). In such cultures, the only valid form of management is self-management. This means that human resource functions have been delegated to the employees (Management, 2007). So, on this basis, it could be argued that the most efficient management of human resources is one which works towards its own elimination.

A paragraph without 'bell-ringing'

The task of examining this during speech and singing can be accomplished through temporal-acoustic measures. Voice onset time (VOT) has been established as an important way of distinguishing both of them. It is defined as the interval between the release of an oral constriction of these and the start of vocal fold vibration for the following sound. When examining it, it is important to realize that three value ranges may be observed In English, they can be observed in voiced stops, but only positive ones are observed in voiceless stops. Its effectiveness as a tool to help them distinguish them according to this and that has been thoroughly examined.

based on McCrea & Morris, 2007, p. 55

The same paragraph with bell-ringing

The task of examining the articulation of consonants during speech and singing can be accomplished through temporal-acoustic measures. Voice onset time (VOT) has been established as an important acoustic measure used to distinguish voiced from voiceless stop consonants across a variety of languages. VOT is defined as the interval between the release of an oral constriction of a stop consonant and the start of vocal fold vibration for the following vowel. When examining VOT, it is important to realize that three VOT value ranges may be observed.... In English, all three of these VOT ranges can be observed in voiced stops, but only positive VOTs are observed in voiceless stops. The effectiveness of VOT as a tool to help researchers and clinicians distinguish stop consonants according to voicing and place of articulation has been thoroughly examined.

McCrea & Morris, 2007, p. 55 (original version)

Making your writing clear and concise can be hard work

"Writing a first draft is like groping one's way into a dark roomone writes mainly to rewrite, for rewriting and revising are how one's mind comes to inhabit the material fully." Ted Solotaroff

"There are days when the result is so bad that no fewer than five revisions are required. In contrast, when I'm greatly inspired, only four revisions are needed." John Galbreath

These & more quotations on rewriting can be found at: tinyurl.com/dbgk4k



Paragraph in 'casual' English style

Another way this research methodology is limited, looking at it from an ethnographic angle, is the fairly little time which the researcher spent observing and interviewing to get the data to base his analysis on. Van Lier (2000, p. 23) says that ethnography "requires intensive immersion in the data". This sort of rich data blows apart the idea that "the tyranny of the single case" (Erickson, 1981, p. 27) limits the findings of ethnography. Other researchers, like Woods (1998) have followed groups of teachers over longish periods and that is how they have made lots of transcriptions of all sorts which back up the way they have interpreted them. Woods also sorted what the teachers did and said into three levels – from general to particular – but the way Borg just listed them missed out on how the different levels affect each other. And another similar weakness, which we looked at before, is the fact that the researcher has not looked into the particular culture that this teacher has developed his way of teaching in. Ethnographers might have seen him as a key informant for this larger culture of TEFL teachers. (190 words)



More concise academic style involves...

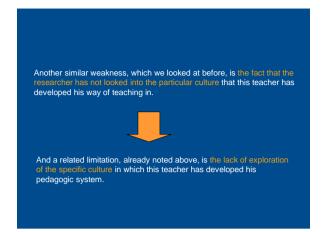
- basing sentences around longer noun phrases (this includes longer, more specific words (usually from Latin) with more prefixes and suffixes)
- using more impersonal constructions (where appropriate), such as passive (is done) and 'it ...' (it may be argued that ...' 'it is important to consider ...')

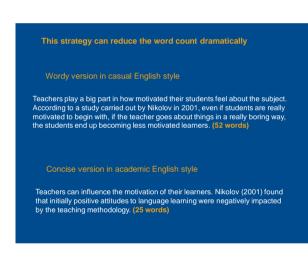
.... and will reduce word count up by 10 % +

The overall effect of these changes of style is a clearer, more credible text that is 12% shorter than the version written in casual English

Another limitation, in ethnographic terms, is the relatively short period of observation and interview on which the analysis was based. It has been argued that ethnography 'requires intensive immersion in the data" (van Lier, 2000). It is such rich data that forms the basis of ethnography's defence against the criticism that its findings are limited by "the tyranny of the single case" (Erickson, 1981, p. 27). Other studies, such as Woods (1998) have followed groups of teachers over extended periods of time, and thereby produced multiple transcriptions of various types which underpin the interpretations. In Woods' study, moreover, teachers' behaviour is categorised into three levels – from general to particular – whereas in Borg's 'list approach', the interaction of the different elements is left relatively unexplored. An additional related limitation, already noted above, is the lack of exploration of the specific culture in which this teacher has developed his pedagogic system. From an ethnographic perspective, he might have been considered key informant for this broader culture of TEFL teachers. (167 words)

Basing sentences around longer noun phrases Another way this research methodology is limited, looking at it from an ethnographic angle ... Another limitation, in ethnographic terms ...



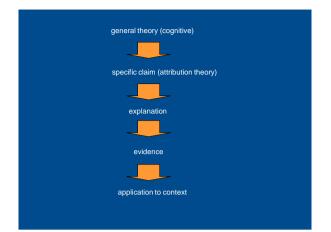




Rich data like this ... Other researchers, like Woods (1998) ... the way Borg just listed them missed out on the way the different levels affect each other

It is such rich data ... Other studies, such as Woods (1998) ... In Borg's list approach, the interaction of the different elements is left relatively unexplored





The analysis shows that this paragraph is tightlystructured – each new sentence represents a move forward in the argument.

If you have sentences that don't, they should be cut – or merged into the sentence before.

An essay is a moving stairway – any sentences that aren't moving on need to get off!



This original draft contains too much of the 'back story' of the research and too many examples.

... The team of three researchers – a married couple and the long-time friend and colleague of the husband – conducted a mixed-methodology study into the relative frequency of use of the four skills in such contexts as buying food, socialising, commuting, having dinner with one's family, doing household chores, taking part in work meetings, dealing with clients, dealing with members of the public, having lunch with work colleagues etc.... They found that the average participant spent 45% of their communicative time listening, 30% speaking, 16% reading and 9% on writing (Rosenblatt, Cheatham & Watt, 1982).



This improved version focuses on the 'big picture'.

... The primacy of listening over the other communicative skills was borne out by a seminal study by Rosenblatt, Cheatham and Watt (1982). The researchers carefully measured use of the four skills in typical social and professional contexts. They found that a remarkable 45% of all communicative activities involved the listening skill. People listened one and a half times as much as they spoke and five times as much as they wrote.

Detail in itself is irrelevant – never include more detail than is absolutely necessary to support your point.

Sample of concise and clearly structured science writing

Catechins, derived from both green tea (Mukhtar & Ahmad 2000) and red wine (Waterhouse, 2002), are a family of flavonoid polyphenols associated with chemopreventive effects on colon, skin, lung, prostate, and breast cancers (Butt & Sultan, 2009). They are also associated with numerous cardiovascular benefits, such as decreased inflammation and platelet adhesion, increased endothelial nitric oxide activity, and improved blood lipid profile (Babu & Liu, 2008). Although the addition of catechins and other polyphenols can increase the functionality of a product, they can also elicit significant levels of bitterness and astringency (Peleg et al., 1999) — attributes generally associated with lower consumer acceptance (Lesschaeve & Noble, 2005) which may reduce the uptake of these products in the market and place limits on the concentration of polyphenolic compounds that can be used in their formulation. These considerations have led to renewed interest in strategies to moderate the perception of bitterness and astringency elicited by these and related functional ingredients. (Guadette, N.J., & Pickering, G.J., 2012)

Broad topic area: Functional benefits of catechins

Linking phrase signalling transition to problem (sub-area of topic)

Linking phrase signalling transition to writers own topic area



Task 1: Reduce this extract from 115 to 80 words

Reports from parents and teachers have suggested that children with ASD also commonly present with feeding difficulties (Twatchman-Reilly, Amaral & Zebrowski, 2008). Multiple studies provide different estimates for the prevalence of feeding problems for children with ASD. The reason for these differences could be due to the definition of ASD changing over time and/or diverse interpretations of feeding difficulties. Studies recruitment of participants and measurement methods could also contribute to the varied prevalence (Aponte & Romanczyk, 2016). Sharp et al. (2011) estimated 46% to 89% of children with ASD present with feeding difficulties. Other studies stated prevalence estimates that fall within this range (Barnhill, Tami, Schutte, Hewitson & Olive, 2016; Levin, Volkert & Piazza, 2014).

Concise version

Parents and teachers have reported that children with ASD also commonly present with feeding difficulties (Twatchman-Reilly, Amaral & Zebrowski, 2008), with estimates of prevalance ranging from 46% to 89% (Sharp et al., 2011; Barnhill, Tami, Schutte, Hewitson & Olive, 2016; Levin, Volkert & Piazza, 2014). Reasons for this wide range include changes in the definition of ASD, diverse interpretations of feeding difficulties and variations in recruitment of participants and measurement methods (Aponte & Romanczyk, 2016). (75 words)

- Information has been reordered
- Repetition has been reduced
- 'Redundant' phrases have been eliminated

Task 2: Reduce this extract from 136 to 90 words

A common method of collecting information about a child's feeding difficulties is through parent questionnaires. This is because they are quick to administer and do not require the presence of professionals (Seivering et al., 2010). One example of these questionnaires is the Brief Autism Mealtime Behaviour Inventory (BAMBI). This method of parent-report gathers information on mealtime behaviours (Seivering et al., 2010). Another questionnaire used is a food preference inventory (FPI) where parents select how often their child eats a food (e.g. often, sometimes or never) (Sharp, Jaquess, & Lukens, 2013). Another option for assessing feeding difficulties for children with ASD is direct observation. This involves the therapist, researcher or parent feeding the child food from different food groups or textures (Seivering et al., 2010). The child's behaviour, food preferences and interactions can be noted and analysed.

Concise version

Information about a child's feeding difficulties can be collected through convenient parent questionnaires or observation (which requires more time and expertise) (Seivering et al., 2010). Parent questionnaires include the Brief Autism Mealtime Behaviour Inventory (BAMBI) (Seivering et al., 2010) and the Food Preference Inventory (FPI), where parents record how often their child eats a food (Sharp, Jaquess, & Lukens, 2013). Direct observation involves the therapist, researcher or parent feeding the child food from different food groups or textures (Seivering et al., 2010), recording the child's behaviour, preferences and interactions. (89 words)

- Paragraph has a more inclusive topic sentence
- · Repetition has been reduced
- Some details (e.g. sometimes, often, never) have beer omitted

Task 3: Reduce this extract from 251 to 150 words

Sharp et al. (2013) conducted an observational case study involving 30 children with ASD aged 3-8 (23 males and 7 females). Caregivers completed the BAMBI questionnaire and a FPI. The caregivers and children were also observed during mealtime. The children were given one food from each basic food group (fruit, starch, protein and vegetables). Each food was presented 3 times in both purea and table texture. The child was given prompting if they did not accept the food within 5 seconds. This involved verbal prompting (e.g. "take a bite"), followed by physical prompting (e.g. "the feeder using their own spoon to model) and lastity the feeder helping the child use the spoon. Data was collected on acceptance of food, disruptions (such as pushing away the spoon) and negative vocalizations.

The study found 80% of parents were concerned with their child's eating. 40% of the foods on the FPI were acknowledged by caregivers as being rejected by their children. Vegetables were reported to be the most common food avoided. During the observation, participants accepted less than half of the bites (40.5%). 43% of children demonstrated disruptive behaviours and 33% of children exhibited negative vocalizations. This study is reliable as it involved a detailed protocol that can be replicated and inclusionary criteria. One limitation of the study was that it did not include a control group to compare the results of children with ASD and children without ASD. This is significant because typically developing children may also exhibit disruptive behaviours towards non-preferred foods.

Concise version

Sharp et al. (2013) conducted an observational case study involving 30 children with ASD aged 3-8 (23 males; 7 females). Caregivers completed the BAMBI questionnaire and FPI and were observed with children during mealtime. The children were offered items from each food group in puree and table textures and, if necessary, prompted or helped to eat. Data was collected on acceptance of food, disruptions (such as pushing away the spoon) and negative vocalizations. Reliability was enhanced by a detailed protocol and inclusionary criteria.

80% of parents reported concerns with their child's eating and that 40% of the foods on the FPI were rejected by their children, with vegetables the most common food avoided. During observation, children accepted less than half of bites, 43% demonstrated disruptive behaviours and 33% negative vocalizations. However, the lack of a control group, reduced comparability with behaviours of typically developing children towards non-preferred foods. (148 words)

- Some details have been omitted
- Information about reliability has been moved (because it's more to do with the design than the results)
- Related information has been merged into single sentences

Recommended writing guides by John Swales and Christine Feak

Academic writing for graduate students (3rd ed.).

English in today's research world: A writing guide.

Telling a research story: Writing a literature review

Abstracts and the writing of abstracts.

Creating contexts: Writing introductions across genres.

Navigating academia: Writing supporting genres. (this includes a number of different kinds of texts that academics have to write, including letters of recommendation, responses to journal reviews etc)

For further information, see: https://www.press.umich.edu/script/press/elt/special/swalesfeak

At the moment, Massey University library has the first three; the others are available through 'Bonus' from other libraries.

 ${\ensuremath{^{\circ}}}$ Christine is well-known in the field and has recently presented at a writing conference in Wellington, New Zealand.